



NEWSLETTER

NEXT WALK

SUNDAY 10 FEBRUARY

Boughil to Knocklomena

Leaders: Noel Cusack, 086 088 5782

Fergus McCarthy, 086 303 1802

Meeting: 7:45am, Roslevan

MONTH AHEAD

SATURDAY 16 FEBRUARY

Moderate Walk - Fanore to Ballyvaughan

SUNDAY 24 FEBRUARY

Club Walk - Failmore Horseshoe

CHECK OUT CALENDAR ON THE WEBSITE FOR
MORE DETAILS

walk Reports

Loop Head Sunday 30 December

Sixteen people arrived at the Bridges of Ross for our Christmas walk around Loop head.

Weather was a balmy 12 degrees with no wind, perfect for walking. Walked along

the coastline to the lighthouse enjoying the views. Had lunch overlooking the ocean

After lunch a leisurely walk back to the cars. A very enjoyable day was had by all.

Peter O'Shea.



Caving Saturday 02 February



A mixed group took up the challenge of going underground in the myriad of caves around the Burren. After a safety chat and gear change of overalls and helmets the group split, newbies drove off to the challenge of Poldubh whilst the more experienced took on the Pollnagollum, the largest cave in Ireland running 19 kilometres and counting. Poldubh is an active stream cave 1430 meters in length. A walk in entrance soon leads to a crawl for about 20 meters and back to walking. Mischievous guides decided to switch

off the helmet lights plunging the cave into darkness at which point the cavers had to walk through a hip deep pool of cold water. A brief chat about the cave and onwards to a small grotto of Stalagtites. A short crawl takes you back to the entrance for the bus drive back to the center.

Pollnagollom required a roped decent into a pothole to find a small entrance requiring some wriggling. Massive caverns and tunnels and deep water and large waterfalls in places. Use of ropes were required to go deeper again. The sheer size of this cave leaves you in awe of the power of water, which is evident high up on the wall of the cave where you can see flood debris. Not a place to get caught. A meandering walk upstream to us back to a very tight exit and the rope climb out to the surface. Much thanks to our guides Terry, Colin and Ger from the Burren Outdoor Centre.

Ed.

Devil's Mother Saturday 02 February

After a forecast of high winds for the Sheefrys we decided to have the walk on the slightly more sheltered Devil's mother. We parked a mile or so beyond Lenanne and made our way up the spur leading to the devil's mother. The 17 strong group were greeted with stunning views of the surrounding area. After a quick lunch we headed back down to finish the day with a lovely meal at the Boat Inn.

Special thanks to Tommy for picking this walk. Perfect for January.

Andrew Killeen

TO SEE MORE PHOTOS FROM THE WALKS, CHECK OUT THE
WWW.CLAREOUTDOORCLUB.NET WEBSITE GALLERY.

MOROCCO SUMMER TRIP

2nd May - 12th May

After a lot of thought we decided on going on a trek in the Atlas mountains in Morocco. The highlight being to summit the tallest mountain in north Africa Mt Toubkai.

We will be going with a travel group called World Sherpas and you can look at their website (www.worldsherpas.com). We will be going on the 2nd May and coming back on the 12th May. The flights are with Ryanair and will have to be booked separately and are NOT included in the price.

You will have to be a paid up member to go. This is going to be 10 full days of trekking so you will need to be FIT.

The full price is 950 euro. A deposit of 285 euro to be paid into the club account by 20th Feb followed by final payment of 665 euro by 20th March.

If you have any questions please contact Andrew or Yvonne.

Contact: Andrew Killeen 0878030979 / Yvonne Connellon 0877581337

Travel Details: Dublin Airport, Ryanair, Dep: 2nd May 10.55am. Return: 12th May 12.00am

Payment details: TSB, Ennis

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