



NEWSLETTER

NEXT EVENT

Wednesday 26 September

Clare Outdoor Club AGM

Time: 7:30

All Welcome!

CLUB ROCK CLIMBING GEAR

THE CLUB HAS ROCK CLIMBING GEAR WHICH IS AVAILABLE TO MEMBERS TO BORROW.

PLEASE CONTACT ANN HOWARD 086 086 0637 OR

EIMEAR DUGGAN 087 251 3192

NEW COMMITTEE - CALL FOR VOLUNTEERS!



We will have openings for new committee members for the 2018/2019 season starting in September. If you are interested in finding out about how you can get involved, please contact one of the Committee or email clareoutdoorclub@gmail.com.

Walk Reports

Walk Report - Knocknagussy Loop, Galway Sunday 13 May



Lovely morning leaving Ennis for the Knocknagussy Loop walk. 9 people in total. Unfortunately it was raining when we reached the starting point but it had stopped by the time we were ready to start. A 10 minute walk on the road before we started climbing. Soon we had some lovely views of Lough Mask and the surrounding hills. When we reached the top we had lovely views of Lough Corrib as well. Weather had improved and we enjoyed lovely scenery as we progressed. Had lunch at the highest point and after resting continued on. Walk took about four and a half hours and we arrived back at the cars about 4pm. Stopped for food at the Boat Inn in Oughterard and had good craic. Headed for home after that for a nice shower and relaxed for the evening.

Peter O Shea.

Trip Report - Summer Party in North Mayo 01 - 04 June



A memorable trip which included the first climb of Slieve Carr (721m) by the Clare Outdoor Club. Slieve Carr lies at the north of the Nephins and is the most remote mountain in Ireland, as in furthest from roads, houses, people. The reason soon became clear. No one can live anywhere near it due to the dense population of ferocious midges. It was worth battling through to reach the trig pillar on top of a large cairn where Dáithí Bán, a 5th Century King of Connacht (says Wikipedia), was buried.

The action packed weekend also included sailing around Bellaghcragher Bay with a stop at Inishbiggle, Ballycroy National Park, the Céide Fields, Portacloy, Benwee Head, Blacksod, lots of views and beaches, a dodgy jukebox and miles of rhododendron.

A huge thank you to Clara for organising everything and for John OCallaghan for leading the walk.

Aoife Morrissy

Walk Report - Glencoaghan H/S Sunday 17 June



Low cloud greeted the group as we approached Benlettery hostel. A bus drop (which we spotted outside a church, ominous) was required to take us to the start of the walk at Derryclare where the cloud lifted to give us a view of the Maunturks. That is where the views ended until the end of the walk. What can I say. The cloud never lifted. It rained a bit. It was windy. Gortex was really tested and in most cases failed. The group took it in their stride and were in good spirits when it ended. Special mention for our leaders Fergus and Pat. Great job on navigation. It was the kind of day that required good map reading skills, a testament to the training they received. Well done lads. The Glencoaghan is great walk and we shall return on a better day. Now roll on Italy and show us what you have.

Ed Kavanagh

Walk Report - Mweelrea Sunday 24 June

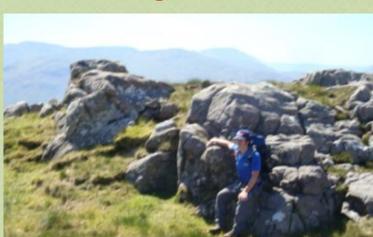
Thanks to the hard work put in by the 8 members of the club led by Pat & Fergus the previous week in the Glencoaghan horseshoe the weather gods took pity and smiled on the 16 members who made it to Delphi for the end of season hike around Mweelrea, blue sky all day.

We met in Moycullen, drank tea, ate dodgy sausage rolls, sorted out the car pooling and then made for Delphi at a sensible speed.

Once in Delphi we parked up, got our gear together, Pat gave moving motivational speech to the troops and then we started the short road walk to Delphi lodge and cut through the grounds to begin the long climb up.



We stopped at Ben Lugmore east top to have a quick break and then headed up to Ben Lugmore proper. We stopped, took photos of the astounding view that was to only get better as we climbed higher around the range.



Pat contemplating a compass bearing.



The lucky 16 up a mountain somewhere.

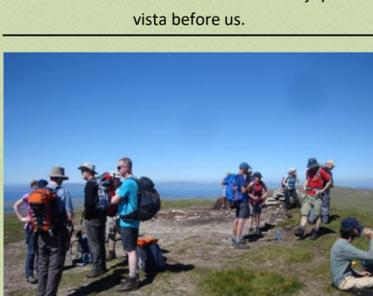
We finally made it to Ben Lugmore west where we had lunch.



Fed & watered and we took time to enjoy the vista before us.



Revitalised we continued on to Mweelrea via Ben Bury meeting other walkers along the way

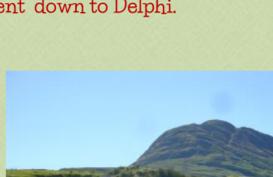


Mweelrea, we made it!



Once up top packs were dropped, we rested, took pictures and enjoyed the weather before we began the descent down to Delphi.

We started the descent down from Mweelrea stopping to take in the view of Killary Fjord making good time until we ran into thickets of heather on the spur off Mweelrea. We worked our way down and then around the lower side of Teevnabinnia to get up with the trails out of Delphi and walked back to the cars.



The route taken. (Image supplied by Fergus)



Homeward bound driving by Killary Harbour.

A great end to another year for the Clare outdoor club and thanks to Pat O Mara and Paul Curran for leading on the day.

Bill Healy

TO SEE MORE PHOTOS FROM THE WALKS, CHECK OUT THE

WWW.CLAREOUTDOORCLUB.NET WEBSITE GALLERY.

