



NEWSLETTER

NEXT WALK

Saturday 03 March

Ballina, Tipperary (Moderate)

Leaders: Eilish Corbett, 086 162 4363

Pat O'Connell, 086 308 6898

Meeting: 8:45am, Roslevan

MONTH AHEAD

SUNDAY 11 MARCH

Club walk - Failmore H/S, Galway

16-19 MARCH

Club walk - Cloughane, Kerry

SUNDAY 25 MARCH

Club walk - Glencorbet H/S, Galway

CHECK OUT CALENDAR ON THE WEBSITE FOR MORE DETAILS

walk Reports

PURPLE AND TOMIES, KERRY - 28 JANUARY



Caving Report - Caving in Burren Saturday 03 February



A small team of seven gathered at the Burren Outdoor Education Centre for the club caving event. Introductions and safety briefing were made with our guide Terry, we gathered our gear and made a short 20 minute bus drive via Ballyvaughan to our destination Polldubh Cave.

A short cave of 1,430 metres compared to last year's Cullaun 2 (3,300 metres) started with a dry walking passage which soon reduced to a hands-and-knees crawl for about 20 meters where we met our first challenge, a narrow shoulder-width crawl for about 10 meters. A good test of your mental strength. We emerged into a streamway high and wide enough to allow us to walk comfortably to a point where a stream flowed from a window high on our right.

Moving on, the stream disappeared for a short distance. At this point Terry, our guide, made us turn our head torches off to experience the complete darkness of Polldubh. As we walked forward lights still off we encountered a hip deep pool which promptly filled our boots and elicited high pitched shrieks due to the coldness. Soon after lights were back on again we reached the end of the cave where we sat and had a Q&A with Terry.



We started back through the hip deep water to where the stream flowed through the window above us. After a short climb to a narrow canyon we were shown a large grotto of stalactites. Our exit was for some an easy squeeze through a walkway for about 30 metres. The larger people however had to crawl through the water for about 15 meters to reveal a pothole exit into the forest and a ten minute walk to the bus and back to the centre for a hot shower.

Ed Kavanagh

CROAGH PATRICK, MAYO - 11 FEBRUARY



CARRAUNTOOHIL, KERRY - 25 FEBRUARY



TO SEE MORE PHOTOS FROM THE WALKS, CHECK OUT THE WWW.CLAREOUTDOORCLUB.NET WEBSITE GALLERY.

THIS MONTH LOOK OUT FOR: Primrose - Sabhaircín - Primula vulgaris

This is one of the first flowers to appear in Irish hedgerows and woodlands in spring. It's Latin origins suggest this; the name translates as prima (first) rosa (rose). It can be seen now in the odd sheltered spot but will become more visible by March and April. 'Guard the house with a string of primroses on the first three days of May. The fairies are said not to be able to pass over or under this string.



WE HAVE BOOKED THREE NIGHTS IN THE MOUNT BRANDON HOSTEL, CLOGHANE, CO KERRY: FRIDAY 16, SATURDAY 17 AND SUNDAY 18 MARCH. DETAILS OF THE HIKES WILL FOLLOW.

DORM ACCOMMODATION: €75 PER PERSON SHARING, INCLUDING LIGHT BREAKFAST AND SUPPLIES FOR PACKED LUNCHES.

PLEASE CONFIRM AND PAY (ONLINE TO THE CLUB ACCOUNT) BY **WEDNESDAY 31 JANUARY**.

CONTACT:

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