



NEWSLETTER

NEXT WALK

Sunday 26 November
South Central Maamturks,
Galway

Leaders: Pat O'Shea , 087 677 5485
 John O'Callaghan , 087 823 8061

Meeting: 7:45am, Roslevan

MONTH AHEAD

SATURDAY 02 DECEMBER
 MODERATE Club walk - TBC

SUNDAY 17 DECEMBER
 Club walk - Mangerton, Kerry

CHECK OUT CALENDAR ON THE WEBSITE
 FOR MORE DETAILS

CHRISTMAS PARTY 2017

THIS YEAR'S PARTY WILL TAKE PLACE AT 6PM IN THE ROWAN TREE,
 ENNIS. TO CONFIRM A PLACE PLEASE PAY €35 INTO THE CLUB ACCOUNT BY
 WEDNESDAY 22 NOVEMBER.

CLARE OUTDOOR CLUB BANK DETAILS: TSB, ENNIS
 BIC-IPBSIE2D. IBAN-IE75IPBS99072811476909

FOR MORE DETAILS CONTACT:

YVONNE CONNELLAN, 087 7581337 OR ANDREW KILLEEN, 087 8030979.



Dates for your Diary!

REC 1 FIRST AID TRAINING will take place in Ennis on **Saturday, 20 January**.
 The club will subsidise up to 75% of the cost of any Leaders who want to
 take part; other members will be able to avail of a smaller subsidy. Contact
 Mike Murphy, 086 8034062 for more details.

Trip Reports

TWELVE MEMBERS BRAVED THE WEATHER ON A WEATHER-ADAPTED VISIT TO THE
 NIRE VALLEY, WATERFORD – THE DAY BEFORE OPHELIA..



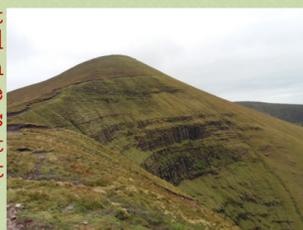
Walk Report - Knockeenatoung, Galtee Range Sunday 22 October



A promised fair weather window after the turmoil of Ophelia and Brian prompted a hastily scheduled visit to the Galtees. A visit with a purpose. Jim McHale had but one item left unticked on his list of Irish mountains over 600m. The remaining summit was 601m high Knockeenatoung on the south side of the Galtee Range.

From Mitchelstown we headed to the beautifully named village of Skeheenarinky (little thorn bush of the dancing) and headed up to the top of the black road where the Cork folk traditionally start their Galtee ascent. Driving to 330m got us off to a good start so it wasn't long before we were on top of Knockeenatoung where Jim bagged his final peak and cracked open a bottle of bubbly.

It was much too early to call it a day so after the summit celebrations we dropped to the airmen's memorial commemorating three local airmen who crashed in the area in September 1976 and from there ascended Galtee Beg. As we approached the peak it became very windy and we were unsure as to whether we would be able to tackle Galtee Mor. Fortunately it was much more sheltered there and we arrived our third summit of the day without too much bother.



After a brief lunch stop in a sheltered spot we decided on a descent towards the Attychran River. We hadn't taken this route before and it was a good day to check out something new. There were two rivers to ford in order to complete our loop which were fine on the day but that would not necessarily be the case after heavy rain. We wrapped up the day with celebratory drink and chat in the Firgrove Hotel.

Congratulations to Jim for his determination and stamina. You have to go the length, breadth and height of Ireland to complete this task. There are not too many in that particular hall of fame. What's next ??

Mary Conway



Jim McHale on Knockeenatoung, 601m

TO SEE MORE PHOTOS FROM THE WALKS, CHECK OUT THE
WWW.CLAREOUTDOORCLUB.NET WEBSITE GALLERY.

THIS MONTH LOOK OUT FOR: SPINDLE

This is the time of year when the Spindle tree is at its most colourful. Its oval-shaped leaves turn a flame red colour and the fruit, dangling in clusters on drooping stems, change from pink and split over a period of a few weeks and reveal bright orange seeds. These seeds are held on a thread, sometimes halfway out of the fruit, sometimes hanging free, before they fall out. Spindle, or feoras as Gaelige, is one of the few trees that gets its name from its traditional use. Its long straight shoots were once used as spindles on which to spin wool. It was also used to make the stems of home-made smoking pipes, cooking skewers and the bars of bird cages in times when wire was not available or affordable.



MEMBERSHIP FEE DUE

DON'T FORGET!

You can download the membership form and post/scan it to us and pay the €50 fee online.

Email clareoutdoorclub@gmail.com or contact Clara Slattery (087 7810951) for more details.

Thank you!

WINNER OF THE MEMBERSHIP FEE!

Congratulations to **Pat O'Brien** who won back his membership in the draw for all members who had paid by the end of October.

