



NEWSLETTER

NEXT EVENT

Saturday 04 November

**Leenaun Hill, Connemara
(Moderate)**

Leaders: Sean O'Farrell, 087 231 2547

Tommy Vaughan, 086 190 0599

Meeting: 7:45am, Roslevan

MONTH AHEAD

SUNDAY 12 NOVEMBER

Club walk - Kerry

SUNDAY 26 NOVEMBER

Club walk - Galway/Mayo

CHECK OUT CALENDAR ON THE WEBSITE
FOR MORE DETAILS

Ski Holiday

We are planning a ski holiday in **Andorra** on **18 February 2018** for 7 nights. Cost **€629** per person sharing a twin room for flight and half board hotel accommodation.

Ski packs start at **€315**.

A deposit of **€150** is required by **Friday 20 October**.

To book a place contact: **Loretto O'Donnell, 085 888 4958**
or

Sean Farrell, 087 231 2547.

Dates for your Diary!

CHRISTMAS PARTY

The Club Christmas Party will take place on **Saturday 02 December**

LEADERS' EVENING

We will be holding a Leaders' Evening on **Thursday 09 November** from 8pm-9pm in Ennis

MORE DETAILS TO FOLLOW.

Walk Report - Bring A Buddy Saturday 16 September



The club's first day back after the summer break brought 26 members of the club and their buddies along for a hike in the Galtees.

After a pit-stop at Supermacs in Tipp town for provisions and planning we loaded up and made our way to the Aherlow viewing spot for the group picture.

Job done, we all drove to the Clydagh Bridge car park at the foot of the Galtees and prepared to make our way up the trail and once out of the tree line we started the ascent with Paul and Fergus leading.

We made a stop about a third of the way up to split the team into two groups. One group trail-blazed ahead to be followed by Sean, Ann and Aedamer leading the second group.

We ascended into the cloud cover and the occasional bit of rain with the wind picking up and gusting in places. The leaders called a halt every so often to confirm the route and check maps and compasses with visibility not the best and boggy ground in places.

We passed other travellers on the hills with a heavily laden hiker appearing out of the mist and then disappearing back into it and also a runner passed us at the Galtymore trig point.

Just before the ascent to the Galtymore peak we ran into two tourists who were slightly lost and joined us for lunch at the top where Paul gave them advice and direction on the descent. Once on top we had to find a spot out of the wind for lunch and wait for the second team to arrive.



Lunch done we then began the long slog back down with the mountain emerging through the cloud cover and back to the car park to be greeted by ever-increasing rain and Aedamar and the people who had to turn back due to the wet conditions minding the cars.

A good first hike of the season which hopefully didn't put off any potential new members!

Bill Healy

Walk Report - Birreencorragh in the Nephin Bogs Saturday 30 September



A small group left the county of Clare and headed for Mayo. Another small group left the county of Galway and headed for Mayo. The Clare contingent arrived at Casey's Service Station in Castlebar an hour and 25 minutes after leaving Roslevan. God Bless the new motorway.

Unfortunately somebody held up proceedings while eating a jumbo breakfast roll. The day was perfect, the hike had been moved from Sunday to Saturday - the weather didn't let us down.

We started our hike of Birreencorragh in the Nephin Bogs, along a forest track for 2km. There was lots of banter between the 9 of us before a sharp right up a steep incline shut us all up. The surface under foot was very forgiving, with just the odd peat hag to negotiate near the col between the first two peaks.

As we walked along, enjoying the views out over the Nephin range and picking out the Reek in the distance, John informed us that there was a serious task to undertake. Sure John was up here a few months back and lost his glasses, so heads down as we tried, in vain, to find John's pair of glasses.



We stopped for lunch at the top of Birreencorragh at 698m - some cute hours got the shelter of the cairn while the rest of us eejits had to put up with our bags to sit on for lunch. Fed and watered we headed over the third and final peak, Knockaffertagh. Two slightly steep descents, brought us down to the river which we walked along for approximately 2kms to get back to the cars.



No set of glasses were found on the hike so do keep an eye out, the next time you're walking the Nephins. A fine day in the hills. My trusty Garmin tells me we walked for 16.65 km with elevation gain of 800m, calorie burn of 2,000 - approximately equating to a jumbo breakfast roll. Thanks to Pat O'Brien and Jim McHale for a great day out and to NRA for the motorway to Mayo.

Paula McHale

Walk Report - Burren Saturday 07 October



From the Crag Road to Knockanes and back to Harry's! The day was put together and lead by Fergus after deliberation on a longer Eastern Burren walk that would take a bit more organising and would top the moderate plus so he decided on a hike from the Crag Road to the top of Mullaghmore, and the fabulous views of Clare and beyond, following on to Slieve Roe, where the views of the Eastern Burren and the Kinvarra plain are spectacular, and heading up the

steepest climb to Knockanes. All along the way there are small bits of scrambles that are very entertaining. They put a very nice piece of low level mountaineering into a damp but nice day on the limestone.

From Knockanes we descended off to the north meeting the road where we turned right and walked the 2km to join up with the Clare way and climbed back towards Mullaghmore taking the blue route back around to the cars.



I was helper leader on the day and came into my own in leading from the end of the hike to Harry's for tea, coffee and sweet cake. It was a testimony to the craic and chat over the day that everybody came for the few kms of a stroll in the Lough Avalla trail to receive the hospitality of Melissa and family. After a day that started in drizzle and cloud, it was nice to finish in the sunshine with a belly full of sweet cake and warmed with fresh coffee.

Mike Murphy

TO SEE MORE PHOTOS FROM THE WALKS, CHECK OUT THE

WWW.CLAREOUTDOORCLUB.NET WEBSITE GALLERY.

NEW COMMITTEE

At the AGM in September, three members stood down - Eilish, Helen and Conor - and three new Committee members were elected along with the remaining members. The new 2017/2018 Committee is as follows:

- Chairperson - Sean O'Farrell
- Treasurer - Loretto O'Donnell
- Secretary - Yvonne Connellan
- Membership Secretary - Clara Slattery
- Public Relations - Aoife Morrissy
- Social Media - Juris Tvirbutis
- Training Officer - Mike Murphy
- Environmental Officer - Susan O'Donohoe
- Activities Coordinator - Andrew Killeen

MEMBERSHIP FEE DUE

DON'T FORGET!

It is time to pay for your membership. Everyone who pays before **31 October** will be entered into a draw to win back their membership fee.

You can download the membership form and post/scan it to us and pay the **€50** fee online.

Email clareoutdoorclub@gmail.com or contact Clara Slattery (087 7810951) for more details.

Thank you!