



# EVENTS CALENDAR

APRIL to JUNE 2017

UPDATED 31 May

DATE	WALK	LOCATION	CONTACT	
Sun 02 April	Carrauntoohil	Kerry	Ann Howard Breda Duggan	086 0860637 087 2498211
Sat 08 April 8.50am	Coastal Spring Clean Poulhugh	Fanore	Susan O' Donohoe	087 6131497
Sun 09 April 8.45am <b>Moderate</b>	Circuit of Lough Muskry	Tipperary	Paul Curran Fergus McCarthy	086 6037767 0863 031802
Sun 23 April	Derryclare Horseshoe	Connemara	Andrew Killeen Conor Warner	087 8030979 087 9800075
Wed 26 April 5.30pm	Rock climbing for returning climbers.	Burren	Ann Howard Eimear Duggan	086 0860637 087 2513192
28-01 May (3 nights)	<b>Achill Island May Weekend</b>	The Valley House Hostel	Loretto O'Donnell Sean O'Farrell	085 8884958 087 2312547
Sun 07 May	Brandon	Kerry	Paul Curran John O'Callaghan	086 6037767 087 8238061
Wed 10 May Sat 13 May	Banff Film Festival	Galway, Town Hall Theatre, 7.30pm (tht.ie) Ennis, Glor, 7.30pm (glor.ie)		
Sun 14 May	Glencoaghan Horseshoe	Connemara	Pat O'Shea Breda Duggan	087 6775485 087 2498211
Sun 21 May	Kerry with Kerry Mountain Rescue	Kerry - TBC	Mike Murphy	086 8034062
Sun 28 May	Mweelrea	Mayo	Conor Warner Tommy Vaughan	087-9800075 086-1900599
Sun 11 June	East Reeks	Kerry	Ann Howard +1 Leader	086 0860637
Sun 18 June 10am <b>Moderate</b>	Lough Avalla and Cahercommaun	Burren	Mike Murphy	086 8034062
17-24 June	<b>Overseas Trip</b> (booking closed)	Dolomites, Italy	Aoife Morrissy	086 8103322
01-02 July	<b>Summer Party Aran Islands</b>	Dep. Doolin: Inis Mor, Inis Oirr	Eilish Corbett Sean O'Farrell	086 1624363 087 2312547

**Hill walking, climbing and rambling are activities that can be challenging and may result in personal injury or death. Participants should be aware of and accept these risks and be responsible for their own actions and involvement.**

**Meet-up and transport details**

- Please notify a leader by Friday night before the walk and leave a contact number.
- Meeting time for all walks is 7.45am in the car park at rear of Roslevan Stores on Tulla Road, unless otherwise stated in the calendar.
- Walks may be cancelled or relocated depending on weather conditions, however only those walkers who have notified a leader of their intention to travel will be contacted!!
- There will be additional pick-ups for people travelling from Limerick in Boher for Galtees walks and in the Dunraven Arms Hotel carpark in Adare for Kerry walks.
- Please notify a leader on the morning of a walk with any relevant information (medical conditions, allergies, injuries, medications etc.).

**Minimum gear required** - You must have all of the following essential items to participate in a club walk:

- Hiking boots with ankle support
- Waterproof jacket and pants
- Walking trousers or tracksuit pants
- Hat / gloves / fleece / warm jersey
- Basic personal first aid kit
- Headtorch / double survival bag
- Food / water
- A rucksack lined with plastic refuse bag
- Change of clothes and towel to be left in car
- Absolutely no runners or jeans on walks.

More guidelines and information available on [www.clareoutdoorclub.net](http://www.clareoutdoorclub.net)