



EVENTS CALENDAR

April to June 2018 – updated 15.06.18

DATE	WALK	LOCATION	CONTACT	
07 April Moderate 8.45am	Keeper Hill	Tipperary	Fergus McCarthy Tommy Vaughan	086 303 1802*
08 April	Beach Clean Up	Fanore, 2pm	Susan O'Donohoe	087 6131497
08 April	Glendahurk	Mayo	Jim McHale John O'Callaghan	087 232 6520* 087 823 8061
13–15 April	First Aid Course	Ennis	Jim McHale	087 232 6520
22 April	Knockmealdown Traverse	Waterford	Paul Curran Fergus McCarthy	086 603 7767 086 303 1802*
06 May	Brandon	Kerry	Pat O'Mara Helen Stapleton	087 764 8739*
13 May Moderate + 8.45am	Knocknagussy	Galway	Sean O'Farrell Aedamer Quinn	087 231 2547 086 101 7525*
20 May	East Reeks	Kerry	Pat Kenneally Ann Howard	086 810 9384 086 086 0637*
01-04 June	Summer Party Weekend	Mayo	Clara Slattery	087 7810951
17 June	Glencoaghan H/S	Galway	Pat O'Mara Fergus McCarthy	087 764 8739 086 303 1802*
24 June	Mweelrea	Mayo	Pat O'Mara Paul Curran	087 764 8739 086 603 7767*
01 July	Summer Trip Away	Italy	CLOSED	
07-21 July	Mountaineering Ireland Summer Alpine Meet	Italy		01 625 1112

Note

Hill walking, climbing and rambling are activities that can be challenging and may result in personal injury or death. Participants should be aware

of and accept these risks and be responsible for their own actions and involvement.

Meet-up and transport details

- Please notify a leader by Friday night before the walk and leave a contact number.
- Meeting time for all walks is 7.45am in the car park at rear of Roslevan Stores on Tulla Road, unless otherwise stated in the calendar.
- Walks may be cancelled or relocated depending on weather conditions, however only those walkers who have notified a leader of their intention to travel will be contacted!!
- There will be additional pick-ups for people travelling from Limerick in Boher for Galtees walks and in the Dunraven Arms Hotel carpark in Adare for Kerry walks.
- Please notify a leader on the morning of a walk with any relevant information (medical conditions, allergies, injuries, medications etc.).

Minimum gear required - You must have all of the following essential items to participate in a club walk:

- Hiking boots with ankle support
- Waterproof jacket and pants
- Walking trousers or tracksuit pants
- Hat / gloves / fleece / warm jersey
- Basic personal first aid kit
- Headtorch / double survival bag
- Food / water
- A rucksack lined with plastic refuse bag
- Change of clothes and towel to be left in car
- Absolutely no runners or jeans on walks.

More guidelines and information available on www.clareoutdoorclub.net